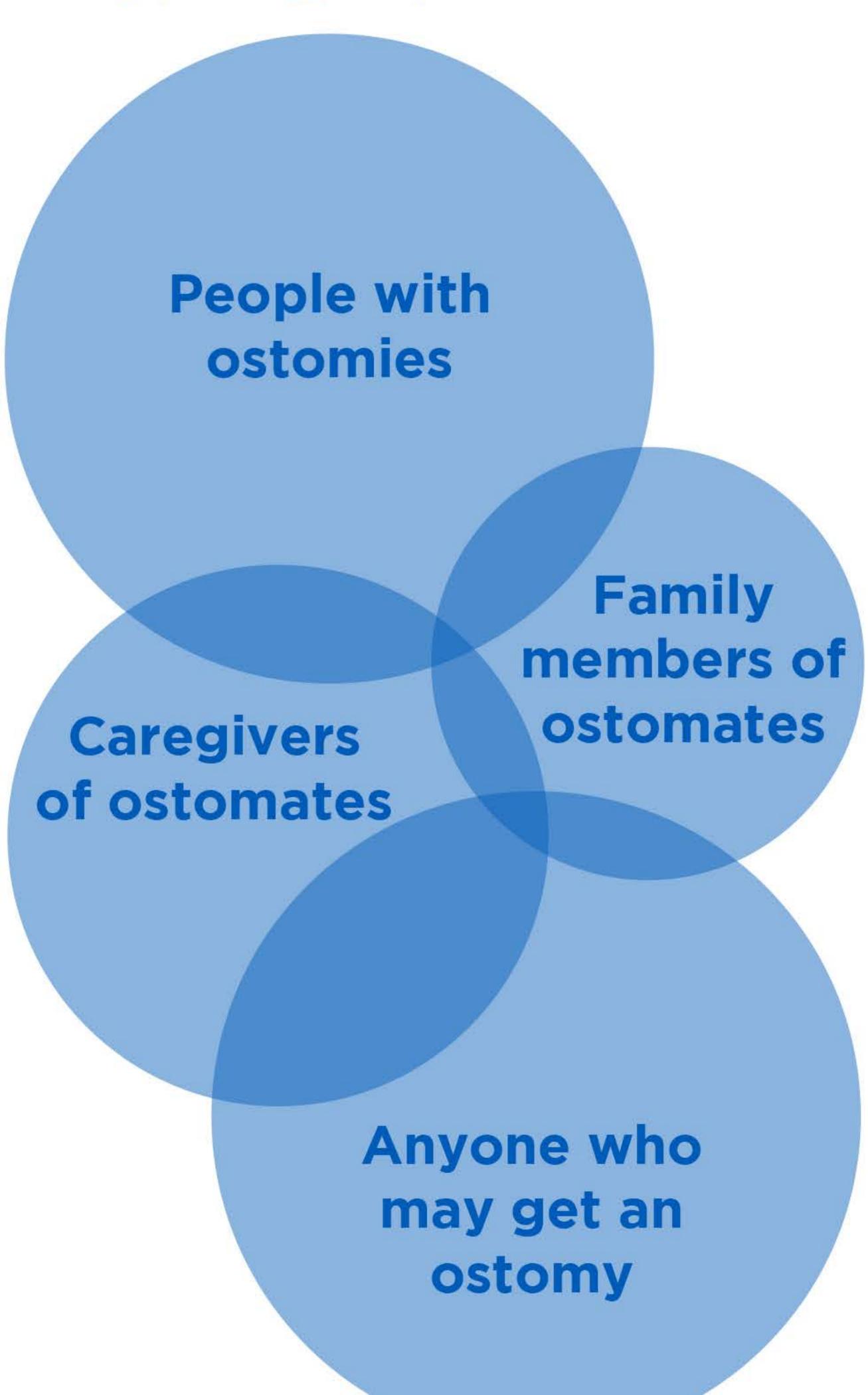
Please join us!

Meetings monthly, every 3rd Tuesday except July and August

CCMH Inpatient Rehabilitation conference room

Who can attend the support group?



Our Vision

To earn the trust, loyalty and respect of those we serve through healthcare leadership and excellence.

Our Mission

To provide safe, compassionate and innovative healthcare which exceeds expectations.

Our Organizational Priorities

- Improve Communication
- Treat Everyone with Respect
- Improve Responsiveness & Attention to Patients & Their Families
- Improve Teamwork
- Enhance the Hospital Experience

Our Principles of Caring

- Put Patients First
- Provide a Safe
 Environment
- Respect Dignity
- Prepare and Educate
- Exceed
 Expectations
- ExpectationsDo All Things Well

- Anticipate Needs
- Communicate
 Openly & Honestly
- Listen
- Promote
 Mutual Trust
- Provide
 Exemplary Service

Ostomy Support Group





3401 West Gore Boulevard • Lawton, Oklahoma www.ccmhhealth.com



WHAT WILL YOU GET FROM AN OSTOMY SUPPORT GROUP?

Support

Support groups are very good at cheering on people who need it! Make sure you ask questions and talk about how you are feeling. You have a room full of people who care and want to listen.

Education

Most support groups have different speakers come to educate the members on relevant topics. In addition to learning from the speakers, there is much to be learned from the members as well. Some members may have had their ostomies for more than twenty years. Some may have tried different products and found different solutions for common issues. Use your fellow members as a resource.

Friendship

You may notice when you first attend a support group that some people may already know about each other's lives, jobs and kids. Don't be intimidated - get to know the other members and create a friendship to support each other in this journey.

Types of Ostomies:

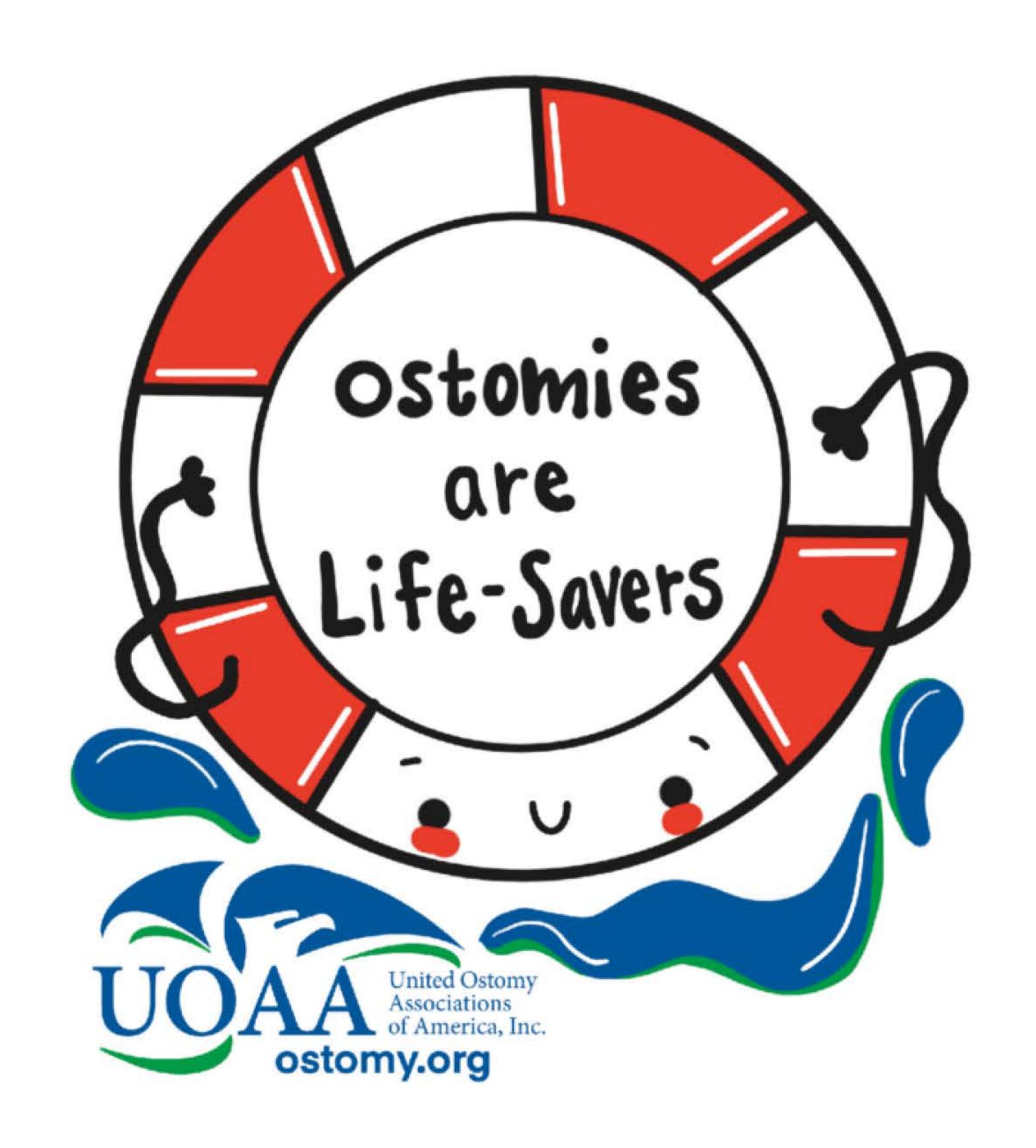
- UROSTOMY urine is diverted from the bladder through an opening in the abdomen
- ILEOSOMY the small intestine is diverted through an opening in the abdomen
- COLOSTOMY the large intestine is diverted through an opening in the abdomen

Ostomy Support Group:

Every third Tuesday of the Month, 6pm CCMH Rehabilitation Conference Room

Tomlinson Medical Complex 3023 West Gore Blvd Lawton, OK

QUESTIONS? CALL 580.704.7778



Ostomy Support Sites:

Coloplast - Ostomy Care

https://www.coloplast.us/ostomy/people-withan-ostomy/

Convatec - Ostomy Care

https://convatec.com/ostomy-care/

Friends of Ostomates Worldwide - USA

https://www.fowusa.org/

International Ostomy Association

http://ostomyinternational.org/

Ostomy Rights - video

https://www.youtube.com/playlist?list=PLKnqw cvmXgfjJapUnpLjJkyzt0zvi7vUR

Chron's & Colitis Foundation

http://www.crohhnscolitisfoundation.org/

United Ostomy Associations of America, Inc

https://www.ostomy.org/