



Stroke Support Group

We understand the challenges and triumphs that come with stroke recovery, and we are here to offer a supportive community where you can find encouragement, information and friendship along the way. This support group is a gathering of stroke survivors, caregivers, family members, and healthcare professionals who come together to share experiences and resources.



What we offer

EDUCATIONAL RESOURCES

Access to information about stroke recovery, rehabilitation, lifestyle adjustments, and available support services.

GUEST SPEAKERS

Periodic presentations by healthcare experts, therapists, and specialists to provide insights and answer questions.

SOCIAL ACTIVITIES

Enjoy group activities that promote camaraderie and relaxation.

EMOTIONAL SUPPORT

Receive empathy, understanding, and encouragement from fellow members who share similar experiences.

PEER SUPPORT

Connect with others who understand what you are going through. Share your journey, learn from others, and find comfort in knowing you are not alone.

Meeting details

Every other Wednesday
2:30 pm - 4:30 pm

Inpatient Rehab Conference Room
Physical Rehabilitation Center
of Southwest Oklahoma

3401 West Gore Blvd
Lawton, Oklahoma

For info, call **580.355.5579**